# Sexting 101

### **Definition of sexting:**

the sending of sexually explicit messages or images

## Why do people do it?

- It was a dare
- Pressure
- Exploring sexuality
- In a relationship

#### What are the risks?

- Sextortion/Blackmail
- Could be shared with others
- Could be posted online or used inappropriately
- Criminal punishment





# For more information please visit or email:

- streetgrace.org/resources
- info@streetgrace.org

# How can you protect yourself?

- Decide now to not participate
- Set boundaries
- Share the risks with friends
- Don't send anything you wouldn't want shared or made public

# What if it's already sent?

- Tell a trusted adult
- Don't let fear or shame stop you from taking action
- Visit missingkids.org to get steps to remove a photo once posted online

